



The
United
Methodist
Church

CAPLEVILLE MESSENGER

Rev. Autura Hampton, Pastor

February 28, 2010

UPCOMING EVENTS AT CAPLEVILLE UMC

Wednesday, March 31
6 p.m. Easter Egg Stuffing
6:30 p.m. TN Glory (Gym)
7 p.m. Chancel Choir

Thursday, April 1 HOLY THURSDAY

6 p.m. Pharaoh's (Gym)
7 p.m. BANA

Friday, April 2 GOOD FRIDAY

OFFICE CLOSED
6:30 p.m. Good Friday Service

Saturday, April 3

11 a.m. Children's Easter
Celebration

Sunday, April 4 EASTER

NO EARLY SERVICE
10 a.m. Children's Program
10:50 a.m. Easter Musical

Monday, April 5

6:45 p.m. Cub Scouts
7 p.m. Boy Scouts
7 p.m. AA
7 p.m. TN Twirlers (Gym)

Tuesday, April 6

7 a.m. Men's Prayer B'fast
10 a.m. Ladies' Bible Study
11-Food Pantry
7-Hummingbirds

Wednesday, April 7

6 p.m. Children's Choir
7 p.m. Chancel Choir

Friday, April 9

6-Confirmation Class

Saturday, April 10

9 a.m. UMW (GH)
9:30 a.m. Confirmation Class
10 a.m. Girl Scouts
1 p.m. Girl Scouts
2 p.m. Baird Reception

Sunday, April 11

8:15 a.m. Genesis 1:31 Worship
9:30 a.m. Confirmation
9:30 a.m. Sunday School
10:50 a.m. Worship Service

Monday, April 12

6:45 p.m. Cub Scouts
7 p.m. Boy Scouts
7 p.m. AA
7 p.m. TN Twirlers (Gym)

Our Mission: To Share Abundant Life in our Community that

- Lifts up Jesus
- Invests in commun
- Forms faith and faithfulness
- Embraces new people and new opportunities



Capleville Community Pantry Opening Tuesday, April 6!!!

The Food Pantry hours will be every Tuesday from 11:00 to 1:00, starting April 6th. Food or monetary contributions can be made at any time, and to the Food Pantry. Also, volunteers are needed. Our volunteers can choose to work in the pantry bagging groceries and stocking shelves or they can work at the front desk, greeting our clients and helping them fill out paper work. There will be instructions for the volunteers, so don't feel nervous about not knowing what to do. Come join us, and let's have some fun and spread the Gospel!

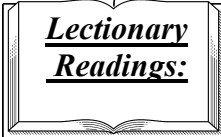
Following is a list of the most needed items in our pantry, but of course all pantry foods will be graciously accepted.

- | | |
|-------------------------------|----------------------------------------------|
| 1 qt. package Dry Milk | 24 oz. can Beef Stew |
| Spaghetti Meat Sauce | 24 oz. can of Chicken & Dumplings |
| Peanut Butter | Vegetable Beef Soup |
| Apple Sauce | Canned Fruit |
| Cereal | Tuna |
| Paper Grocery Bags | |

Any questions or concerns, call Betsy Szulewski
751-1210 or email me at betsyszu@hotmail.com.

"In so much as ye have done unto one of the least of these my brethren, you have done it unto me." Matthew 25:40





April 4, 2010—Acts 10:34-43; Psalm 118:1-2, 14-24; I Corinthians 15:19-26;
John 20:1-18 (or Luke 24:1-12)

April 11, 2010—Acts 5:27-32; Psalm 150; Revelations 1:4-8; John 20:19-31

April 18, 2010—Acts 9:1-6 (7-20); Psalm 30; Revelation 5:11-14; John 21:1-19

April 25, 2010—Acts 9:36-43; Psalm 23; Revelation 7:9-17; John 10:22-30



*Please join our family
on this joyous occasion
when our parents Jim and Sandy Baird
celebrate fifty years of marriage.
We will hold a reception in their honor
Saturday, April 10, 2010
2:00 until 4:00 in the afternoon
Capleville United Methodist Church
Life Enrichment Center*

*Billy and Gail Baird
Bob and Sheryl Bodron
Richard and Liz Baird*

*Your love is a treasured gift,
we request no other.*

**Golden Cross Sunday
is May 2, 2010**

Our communion offering on
this Sunday will go to this
wonderful ministry.

We would like to welcome into our church family, new members Bill Bolton, Peggy Cole, and Polly Flowers. Bill Bolton lives at 7118 Fox Creek Drive, Olive Branch, MS 38654 and his telephone number is 662-890-3356. Peggy Cole and Polly Flowers live at 3600 McCorkle Road, Memphis, TN 38116, and their telephone number is 396-5248. Let's be sure to welcome them into the Capleville family.



Speaking of addresses and telephone numbers...the new 2010 Capleville Directory will be out in the next couple of weeks. Be on the lookout for a notice in the bulletin and a sign in the Great



The Capleville Spring Rummage Sale will be held on Saturday, May 1.



Start getting your things together. You can drop them off in the LEC during the week from 9 a.m. to 2 p.m., but you may want to call first to make sure someone is here. This has been a great fundraiser for the church in the past, but in order to pull this off we need everyone's help. Please contact the church office if you are willing to help sort, sell, put out flyers, etc.

Direction

Over the massive front doors of a church, these words were inscribed: The Gate of Heaven. Below that was a small cardboard sign that read: Please use other entrance.



The Sandwich Brigade met on Sunday, March 21st and made 800 bologna and cheese sandwiches which were picked up Tuesday and sent to the United Methodist Neighborhood Center. A BIG THANK YOU to the following people: Thelma Pilbeam, Stan & Marilyn Hathaway, Jim & Mary Ann Overman, Carl Todd, Ethan Wright, Rebecca Key, Courtney Taylor, Florence Brown, Shawnh Curry, Erv Walker, Linda Crump, Mark Compton, Betty Austin, Angie Polk, Saroya Wright, and LaShawn Pender. Thanks for all of your help. In the past, the bread for the sandwiches has been donated by Kroger and Wonderbread, but that has ended. We will be having to purchase the bread in addition to the bologna, cheese, and mustard so any contributions for this will be greatly appreciated.



United Methodist Neighborhood Center

- The UMNC have the following fundraisers coming up:
- A Salad Cookbook-The Cookbooks will go on sale in May.
 - Joseph and the Amazing Technicolor Dreamcoat will have a performance on June 1st specifically with proceeds going to the UMNC. The tickets are \$50 which includes the performance, catered buffet, and auction. See Cathy Goodwin if you are interested.

Logo Items

Capleville Logo Items may be ordered again. Linda Crump will be taking orders for Denim Shirts, Aprons, Caps with an embroidered logo. There is a minimum of 12 items for the shirts and aprons and 12 caps which do not have to be the same style or color. If you want to order tee shirts or bags, there is also a minimum. See Linda Crump or call Dawn in the church office to order. ***If you want a long sleeve tee shirt before the yard sale, please let me know now so I can check the prices and number of shirts for a minimum order. I plan to order immediately after Easter so that the items will be in before the yard sale, May 1.***

**The United Methodist Neighborhood Centers
Need Your Help**

“Freddy, we have got to do something for these children.” This was the observation of Rev. Freddy Moore’s wife when she saw children standing around the streets one Saturday morning in 1994 when she and her husband, the newest director of the Smith Center, drove through the northern part of downtown Memphis known to many as the Hurt Village Area named after a large low rent housing project. The ‘do something’ is the SABBATH SCHOOL serving children of the north Memphis area a hot breakfast and Sunday School lessons every Saturday morning at the Smith Center, one of the ministries of your UNITED METHODIST NEIGHBORHOOD CENTERS of MEMPHIS.

One of the children who became involved in the Children’s and Youth program of the Smith Center, prior to his adoption, college and pro football career is Michael Oher. *The Blind Side*, a box office movie success, is the story of his wonderful outcome.

This spring an anonymous United Methodist has offered a \$10,000 challenge to all United Methodist to raise \$100,000 between now and May 31 for the stability and continued good work of the UMNC. If you or your church group at Capleville UMC would like to contribute to meeting this challenge, please contact Erv Walker at 901-754-5921.



Don’t forget to use your Kroger Card. It’s no cost to you, and helps the church out. If you are in need of a Kroger card or have any questions, please contact Marilyn Hathaway, Linda Crump or the church office. Be sure to use your card for all your Kroger purchases in 2010. So far in 2010, we have received \$757.23 from Kroger.

I would like to express my sincere thanks to everyone for the cards, prayers, visits, and food during my recent illness. Also, a special thanks to those that comforted and assured my wife, Donna during this time.



—George Parrish



APRIL BIRTHDAYS



 Kannan Velchamy	2nd	Carl Todd	14th	
 Thelma Pilbeam	6th	Greer Harkness	16th	
 Charlotte Wright	7th	Rebecca Key	17th	
 Tobia Hill	9th	Bettye Carasso	21st	
 Blanche McCall	11th	T. J. Hampton	24th	





Deadline for the next issue of the newsletter: MONDAY, April 26th by 9:00 a.m.

Currently, the Messenger is published once a month. Group leaders, please notify the office immediately of any date changes on the calendar.

Capleville United Methodist Church
4725 Riverdale Road
Memphis, Tennessee 38141

Phone: 901-363-1859
Fax: 901-363-3933
www.caplevilleumc.org
caplevilleunited@bellsouth.net

«AddressBlock»

The Old, Old Story

A little boy was not exactly happy about going to church on Easter Sunday morning. His new shoes were too tight, his tie pinched his neck, and the weather was just too beautiful to be cooped up inside. As he sulked in the back seat of the family car, his parents heard him mutter, "I don't know why we have to go to church on Easter anyway. They keep telling the same old story, and it always comes out the same in the end."
—Homiletics

Worship Services
10:50 a.m.
Sunday School
9:30 a.m.



If you have prayer requests to add to the list, please contact the church office at 363-1859 or place them in the offering plate.

Friends and Family: Charlotte Wright; Family of Gertha Cole (Jerry Holland's sister); Family of Larry Kuykendall (Sandy Baird's cousin); Iva Beamer (Marilyn McClure's mother); Vicki Sanders and family; Janice Woods; Bryant Wilkinson (Dawn's son and Bob & Dot Odle's grandson); Clarice Stroud (Bob Crump's aunt); family of Ref. C.B. Cubbins; the Riddick family; Aтура Hampton; Bernice Alexander; Geneva Walker; Sandra House's daughter, Kristin; Marilyn McClure; Barbara & Charlie Yates; Jim Baird's stepfather and his wife; Donna & Alexis Vo's mother; George Parrish (Donna Kay Parrish's husband); Mittie Yop (Grover Wooten's sister); Bill Bolton's brother-in-law; Susan George (Mary Ann Overman's cousin); Bobbe Brown, Lydia Gibson (Mark Compton's sister); Betsy Morrison; Jeffries Webb (Charles Pender's uncle); Arlene Stroschein (Charlotte Wright's sister-in-law, Shirley Riddick's aunt); Dan Goodwin; Mary Owen; Allie Crain (Bill Bolton's granddaughter); Bessie Smith (Pearleye Harkness' mother); Polly Ned (Georgia Elizzey's sister); Brent Dawkins (Christine Mitchell's grandson); Blanche McCall; Gerry Freeman; Sarah Meadows; Sam (Maggie Conlee's sister); Chip Callicutt; Christopher Elizzey; Mitsy Byrd; Geneva Fort; John Jones; Shepherd Harkness; Bob Odle; Grover Wooten; Mary Scranton; Irene Mannon.

Homebound Members: Betty Bauer, Boyd & Agnes Marshall, Jane Fielder, Pearl Murrell, Nina Hillman.



If you know of anyone that needs to be on the prayer or praise list, please let the church office know. If you see someone on this list that can be taken off, please let us know this too.

OUR GIFTS

February 28, 2010
Budget \$2,536
Designated 467
\$3,003

March 7, 2010
Budget \$6,024
Designated 425
\$6,449

March 14, 2010
Budget \$1,627
Designated 11
\$1,638

March 21, 2010
Budget \$2,531
Designated 45
\$2,576

March 28, 2010
Budget \$1,386
Designated 711
\$2,097

OUR PRESENCE

February 28, 2010
Genesis 1:31—?
Sunday School—43
Worship—63

March 7, 2010
Genesis 1:31—32
Sunday School—33
Worship—83

March 14, 2010
Genesis 1:31—26
Sunday School—32
Worship—61

March 21, 2010
Genesis 1:31—?
Sunday School—36
Worship—67

March 28, 2010
Genesis 1:31—?
Sunday School—40
Worship—70

Year-to-Date
Receipts \$ 43,068

Year-to-Date
Expenses \$ 48,382

As you can see, starting the year out we are around \$5,314 short already for 2010. Please consider dropping a little extra in the plate each week. Let's make 2010 better than 2009. Thanks!



PROJECT 20/20

Eyeglasses Recycling Center
Emmanuel United Methodist Church
2404 Kirby Road, Memphis, Tennessee 38119
(901) 754-6548 www.project2020.org

March 23, 2010

Capleville UMC
4725 Riverdale Rd.
Memphis Tn. 38141

Dear Donor,

Your donation to the 20/20 mission will soon become a blessing to persons in our world for whom eye care is either unavailable or unaffordable. Because of your support, volunteers are able to operate a recycling center year round processing and labeling both new and used prescription eyeglasses and sunglasses.

As you probably know, Project 20/20 provides volunteer eye care teams with prescription eyeglasses to improve and restore sight and sunglasses to prevent eye problems and diseases which can even lead to blindness. Since 1993 over 35,000 children and adults in need, have received the wonderful gift of eye examinations, care and a pair of eyeglasses and over 30,000 have received a pair of protective sunglasses. With your help many more in the future will have their lives greatly improved by this service.

Thank you for your kindness and concern for others.

And the 20/20 volunteers

Volunteers in Mission Project of the Memphis Conference of the United Methodist Church

The Project

The purpose of this non-profit program is to provide free eyeglasses and vision care to the needy of all faiths in other countries around the world. Project 20/20 began supporting vision care teams in 1993.

The Results

Over 1,000 children and adults see better each year because of volunteer eye care professionals who receive Project 20/20 eyeglasses and assistance.

The Miracle of Sight

Vision care and medical assistance are simply not available to many persons in other countries. For those losing their sight, professional eye care is more than a gift—it is a miracle!

You can be part of that miracle!

- **Help Collect Eyeglasses**
Send donated eyeglasses or sunglasses directly to the recycling center.
- **Help Process Eyeglasses**
Volunteer to work in the recycling center.
- **Help Finance Project 20/20**
Please make all cash contributions payable to "United Methodist Church for Project 20/20" and send to:

Treasurer
Memphis Conference of the United Methodist Church
24 Corporate Boulevard
Jackson TN 38305

Ready for warm weather? I sure am, and this reminds me that it's getting closer...It's time to start thinking about signing your children and youth up for Lakeshore Summer Camp 2010. They offer so many varieties of camps for all ages. Just check out the poster on the bulletin board.



The Memphis Hightailer's bicycle Club 14th Annual Charles Finney Ride will be held at the Belz Factory Outlet Mall Saturday, April 17 at 8 a.m. This year's event will also include a fun ride for the less experienced cyclist. All proceeds benefit the Church Health Center. For more information, call Jennifer Reager at 901-272-7170, ext. 1408.

Huey's will celebrate its 40th anniversary with a street fair from 2 p.m. to midnight on April 18 at Huey's Mid-town location, 1910 Madison Ave. The event is free and open to the public with a percentage of story sales benefiting the Church Health center. Artists set to perform include Dianne Price and Her Boyfriends, The Settlers, Funk de Ville and The Soul Shockers. Form more information, contact Branden Canepa at 901-726-9693 ext. 26.

30 Minutes to a Better Mind

By RealAge

You can boost the mind-protective HDL in your bloodstream just by doing this for 30 minutes a day: walking.

When researchers looked at the relationship between HDL and cognitive function in people ages 95 to 107, those with higher HDL had superior memory. And a daily walk is a great way to boost HDL.

Get More HDL

HDL is the "good" cholesterol—and more is definitely better when it comes to this friendly fat. In fact, people who live past 100 tend to have higher HDL than people who don't reach a ripe old age. HDL may up your odds of being a quick-witted senior as well, helping to ward off both Alzheimer's and dementia. So what are you waiting for? Start boosting your levels today with a daily walk.

HDL to the Rescue

Researchers believe HDL helps fend off Alzheimer's in several ways. First, it helps keep your veins and arteries clear, allowing blood to travel easily to both your heart and your head. HDL also encourages communication between brain cells and may discourage Alzheimer's-related amyloid plaques. And finally, HDL protects delicate brain cells from inflammation.

RealAge Benefit:

Exercising regularly can make your RealAge as much as 9 years younger.